

ARPwave Initial Evaluation Form

Contraindications-History of **Blood clots, pacemakers, defibrators, or pregnancy**-(circle)

Note: If client answers **YES** to any of the above questions, they are not a candidate.

Patient Name: _____ Evaluation date: _____

Therapist Name: _____

Primary Medical Physician: _____ Phone _____

Previous diagnostic tests/ Results(MRI, X-Rays, Labs, etc.) _____

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On a scale of 1-10, the worst being 10. What level of pain do you have when doing a movement or activity that bothers you?

PAIN LEVEL: _____ Feels like (burning, tingling, sharp, stabbing): _____

If you were to prioritize your symptoms- which are keeping you from having an active quality of life, please tell me what is the number one thing that bothers you the most?

Priority #1 Pain: _____ How long have you had this pain: _____

Priority #1 Other symptoms: _____ How long: _____

When did you first have symptoms: _____

What happened to cause symptoms: _____

What have you done to relieve symptoms: _____

What other therapies have you tried: _____

(Massage, medication, PT, Surgery, Chiropractic, etc.)

Have you had Surgery for your symptoms: _____

Have you been told you need surgery for your symptoms: _____

Are you taking medication for your symptoms: _____

Movement that bothers you most: _____

What activity have you stopped due to pain: _____

When was the last time you did the activity without pain: _____

Is there a priority #2: _____ Priority #3 _____

Anyone in your family diagnosed with: MS, RSDS (Reflex Sympathetic Dystrophy Syndrome)- also known as complex regional pain syndrome, is a rare disorder of the sympathetic **nervous system** that is characterized by chronic, severe pain., Fibromyalgia, POTS (Postural Orthostatic Tachycardia Syndrome (Elevated HR upon standing 120+BPM), Spinal cord Injury, Concussion, Or stroke. (Circle all that apply)