

## **Do you have chronic pain, or a more recent injury and you have not been able to find relief with modern forms of therapy or medical practices?**

We may have the answer you have been looking for: ARPwave Highly Advanced Neuro-Therapy that deals with the neurological origin of all soft tissue injuries, conditions and symptoms. This therapy addresses the cause of the symptoms not just the physical symptoms. We find where it started and treat that area and not where it ended up like most other therapies, we find the neurological disrupts in order to relieve the symptoms you are having.

We use the Neurological soft tissue therapy Accelerated Recovery and Performance (ARP) to help patients with difficult and chronic pain issues through the ARPwave system including active range of motion and other exercise techniques to significantly speed up the body's natural healing ability.

### **What is ARPwave?**

ARPwave is direct current electrical stimulation, not alternating current as used in most muscle stimulators. This technology is also classified by the FDA as a class 2 medical device and features a state of the art patented bio-electrical modality of therapy that can reduce healing to days-not weeks or months. This system also utilizes the proprietary ARPwave protocols and testing techniques to substantially increase accuracy of the treatments.

### **How does it work?**

All injuries are caused by the body's inability to absorb force. When athletes become fatigued, their muscles shorten, limiting their ability to absorb force. ARPWAVE Neuro Therapy keeps muscles relaxed and, therefore able to absorb much more force. Using Neuro Therapy to warm up before practices and games will increase the ability to absorb force and therefore prevent injury, and using it after practices and games will instantly recover athletes, leaving them feeling fresh without soreness or pain.

### **Who uses ARPWAVE Neuro Therapy?**

We work on everyone, regardless of age or occupation. We specialize in accelerating recovery from all muscle injuries, preventing surgery, and post-surgical rehabilitation. In some cases, we can also treat muscle related spinal cord injuries.

A few names you might recognize;  
Hockey Tim Thomas, Bret Hedican, Jonathan Toews  
Football Dwight Freeney, Santana Moss, Larry Fitzgerald  
Golf PGA Arron Oberholzer, Peter Jacobsen  
Basketball Shaquille O'Neal, Kevin Garnett  
Baseball LaTroy Hawkins, Torii Hunter, Eric Chavez  
Soccer Mario Santan, Alessandro Del Piero  
Tennis Bethanie Mattek, Novak Djokovic, Mike Bryan, Bob Bryan  
Cycling Leah Prudomme

### **Who should NOT use ARPWAVE Neuro Therapy?**

Treatment with ARPWAVE Neuro Therapy is contraindicated in those patients with: Implanted electrical devices (ex. pacemakers). Pregnancy. History of blood clots.

### **What conditions can ARPWAVE Neuro Therapy help with?**

Anyone in chronic pain. Anyone with arthritis. Anyone who has been told they are bone-on-bone and need joint replacement surgery. Anyone who has had joint replacement surgery and is still not back to activity without pain. Anyone who has had ANY surgery and is still not back to activity without pain. Anyone who has had a stroke. Anyone who has MS (Multiple Sclerosis). Anyone who has had a spinal cord injury. Anyone who has a neurological disease. Anyone who has been told they need spinal fusion surgery. Anyone who has a limited range of motion. Anyone who has an ACL-MCL-PCL-LCL-Meniscus tear. Anyone who has a concussion. Anyone who has been told they need surgery.

### **I'm not a professional athlete. Will ARPWAVE Neuro Therapy work for me?**

Waking up in the morning with stiff muscles can be eliminated with one minute of ARPWAVE Neuro Therapy to relax those muscles.

If you work on your feet ARPWAVE Neuro Therapy will help you evacuate the extra blood pooled in your lower extremities.

If you have a difficult time sleeping, ARPWAVE Neuro Therapy will relax you so you will sleep soundly.

ARPWAVE Neuro Therapy will eliminate most headaches in a few minutes.

If you do Pilates, Yoga, or Tai Chi ARPWAVE Neuro Therapy will allow you to get into positions you have never been able to get into. If you or anyone in the family is not flexible ARPWAVE Neuro Therapy can have you loose and very flexible in minutes.

ARPWAVE Neuro Therapy will help you move freely and without pain, helping to improve your quality of life.

### **What should I expect when I come in for ARPWAVE Neuro Therapy?**

ARPWAVE Neuro Therapy sessions can be hard work and will require you to move, so wear gym clothes. Because we use ARPWAVE Neuro Therapy to find the origin of injury, we are going to be searching your body for hot spots. When ARPWAVE Neuro Therapy is on one of these spots, it has found the electrical disruption that is the root of your problem. This process,

in some cases, can be intense. We will ask you to rate the amount of intensity that you feel so that we know where in the body the real problem is. Because ARPWAVE Neuro Therapy sessions can be demanding, we will also ask that you take measures to make sure your body recovers properly. Typically, this means making sure you get a good night's sleep, eating healthy meals with adequate protein, and avoiding/limiting alcohol consumption. Depending on your situation, we may ask you to increase your protein consumption during treatments.



